

KEEP ANTIBIOTICS WORKING

Taking antibiotics when you don't need to means they may not work when you really need them. It is important to remember that antibiotics do not treat or prevent viruses like coughs and colds.

Antimicrobial Resistance is one of the most urgent global threats to the public's health. Antibiotics can cause side-effects, including nausea and diarrhoea and contribute to the development of antibiotic resistance.



BUT WHAT IS ANTIBIOTIC RESISTANCE?

Antibiotics treat infections by killing bacteria, fungi, parasites and viruses respectively. Recent studies have shown that an increasing number of infection-causing microbes are able to resist the effects of antibiotics.

This is called **Antimicrobial Resistance**.

WHAT CAN WE DO?

- Remember - antibiotics should never be saved for later or shared with others.
- Take antibiotics **ONLY** as prescribed by a healthcare professional, and always finish the whole course.
- Treat viral infections like the common cold or flu at home, with over-the-counter medication.
- Prevent infections through good hygiene and vaccination.
- Visit your pharmacy for coughs, colds and winter illnesses.

**Taking
ANTIBIOTICS
when you don't
need them puts
you and your
family at risk**



**TAKE YOUR
DOCTOR'S ADVICE**

Keep Antibiotics Working

CHANGES TO ONLINE ACCESS

All patients over the age of 16 are now able to have access to their full medical records online.

People with online accounts set up before their 16th birthday will receive access to records when they turn 16.

From 1st November 2023, patients will see new information once it is entered or filed onto their record in the clinical system. Patients will not be able to see their historic or past health record information unless they have already been given access to it by their general practice.



Patients will be able to view their records through the NHS App or existing GP online services apps that already securely provide patients with access to this health information. There will be no change to Proxy Access.

Full records access

Full records access means patients can see coded information, free text, consultations, results, medication and documents. Patients will now be able to see their future free text and documents, in addition to their existing detailed coded records. Patients who previously had future (prospective) access set up before the change will continue to be able to view this information.

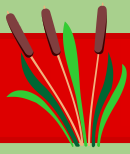
Patients transferring to another GP Surgery

If you move to a new surgery the data previously disclosed will no longer be visible. Once registered with your new practice you will be able to access all future/prospective information entered onto the new general practice system. Your new surgery can manually provide access to historic information if this is appropriate.

Weekly Statistics!

Last week we:

- Answered 1,689 telephone calls from external callers.
- Received and dealt with 527 pathology results.
- Actioned 1400 repeat prescription requests.
- Received and actioned 207 eConsult's.



WE'VE GOT A NEW WEBSITE!

We are pleased to announce that our new website is now up and running!

You can use this to:

- Request repeat prescriptions
- Request a sick note extension
- Submit medication reviews
- Submit blood pressure readings
- Track your referral
- Request blood results
- Submit an eConsult
- Self-Refer to other healthcare providers (where applicable)
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Please visit

www.bosmerepractice.co.uk

DNA's (Did Not Attend)

Did you know each time an appointment is not attended, it costs the NHS a minimum of £60 per doctor's appointment and approximately £30 for a nurse appointment.



Below are the figures showing in total how many appointments were missed at Bosmere throughout August, September, October and November:

August: **166**

September: **257**

October: **269**

November: **154**

Total: 846 missed appointments over a 4 month period.

If you are unable to attend your appointment, we have a dedicated cancellation line. Please ring 02392 476 941 and press option 1 to cancel your appointment. This is an unmanned line and your message will be actioned.

FLU VACCINATIONS – BOOK UNTIL MARCH!



We will be offering Free Flu Vaccinations to all eligible patients until the end of March 2024.

Please contact the Practice on 02392 476 941 or use your Patient Access account to book an appointment online.

DOCTOR'S CORNER

Dr Shahnaz Schaeper - Partner MRCGP

Special Interests: Adult and Child Safeguarding, Women's Health and Family Planning.



I trained in Germany and qualified in 1995 as a Physician.

I retrained in the UK in 2006 as a General Practitioner.

My special interests in Elderly Care and Women's Health. I am the lead partner for Safeguarding Children and Adults. I used to work at Havant Health Centre, Suite D but this Practice merged with The Bosmere Medical Practice in April 2013.

My husband is also a GP in a practice on the South Coast. We have three children and we enjoy spending our weekends swimming in the sea when the weather allows. I also keep bees, and enjoy making my own honey and beeswax candles.

1. If you could be any animal what would you be and why?
A Bee – they are organised, tidy and hardworking!
2. What was your childhood dream career?
To be a Doctor.
3. What came first – the chicken or the egg?
God only knows!
4. Who would you love to invite to a dinner party?
Mother Teresa and Ella Fitzgerald.
5. Would you rather have feet for hands or hands for feet?
Definitely hands for feet.

UPCOMING PRACTICE CLOSURES

Monday 25th December – Christmas Day

Tuesday 26th December – Boxing Day

Monday 1st January – New Years Day

TRAINING DATES

Tuesday 20th February (from 1pm)

We would like to take this opportunity to thank all of our patients and their families for their ongoing support and to wish you all a very Merry Christmas and a Happy New Year!